

# THE COVE BAR

## LIGHT BITES & STARTERS

Olives and Pickles with Dipping Oil and Bread (vg)	£7.00
Anglesey Sausage Chipolatas with a Honey, Mustard, Soy and Five Spice Dressing	£7.00
Homemade Soup of the Day with Accompaniments (v)	£6.50
Sumac Spiced Hummus and Tzatziki with Grissini Sticks (vg)	£6.00

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## MAIN COURSES

½ Marinated and Roasted Chicken Piri Piri, Cesar Salad and Roast Anglesey New Potatoes	£15.00
Crispy Battered Haddock, hand cut Chips, Salt and Vinegar Mushy Peas and Homemade Tartare Sauce	£15.75
Vegan Burger, Smoked Aubergine, vegan Cheese and Mayo in a Sourdough Bun with House Slaw and Fries (vg)	£15.25
Slow cooked Beef in a Mild Spiced Pomodoro Tomato Sauce with Orecchiette Pasta and Bread	£15.00
Mermaid Seafoods Catch of the Day	(p.o.a.)
Superfood Salad; Quinoa, Chick Peas, Turmeric Roasted Vegetables and Seasonal Salad with a Chilli, Lime and Roast Garlic Dressing (vg)	£15.00
Smoked Haddock and King Prawn Linguine with Summer Vegetables, Basil and Dill Cream Sauce and Parmesan	£16.50
Quay 2x4oz Burgers layered with Smoked Bacon, Emmenthal Cheese, House Mayo and Salad in a Brioche Bun with Fries and Slaw	£15.95

## SANDWICHES

All Served with House Slaw and Salad Garnish

Poached Salmon with a Dill and Lemon Mayo and Cucumber	£10.95
Philly Steak Sandwich with Mixed Peppers, Onions and Teifi Cheese Melt in a Brioche Sub	£11.95
Avocado, Chilli and Lime Guacamole, Halloumi Fries on Sourdough with a Poached Hen's Egg and Beetroot Glaze	£10.00
Crispy Spiced King Prawns in a Brioche Bun with Salad and Po Boy Dressing	£12.95
Tuscan Flat Bread with Roast Vegetables and Mozzarella with Basil Oil	£9.50
Chicken Tikka Masala Pitta Bread with a Spiced Yoghurt Dressing	£9.50

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## DESSERTS

Summer Strawberry Cheesecake, Compote of Berries and Raspberry Sorbet	£7.00
White Chocolate and Vanilla Panna Cotta, Chocolate Soil and Meringue Crisp	£7.00
A selection of Parasella's local Ice Creams	£6.75
Award winning Welsh and Irish Cheese with Accompaniments	£9.00

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## SIDES

Hand Cut Chips	£4.00
French Fries	£4.00
Cheesy Garlic Bread	£4.00

*Please advise of us of any dietary requirements when making your order.  
Please let us know if you have any allergies, we do make every effort to ensure there is no cross contamination, however most of our food types are prepared on site, so we cannot fully guarantee it.*

*If you require any allergen information, please ask a member of our team.*

v - Vegetarian n - Contains Nuts