

THE MARINA SPA



Q
THE | QUAY
HOTEL AND SPA

ESPA SPA TREATMENTS

THE QUAY SECRET ESCAPE PACKAGE

(90 minute treatment) **£150pp**

Choose from either:

- The Inner full body massage and an express facial
- The Inner beauty Facial and a back, neck and shoulder massage
- The Inner beauty facial and the salt and oil scrub
- Mii Gel hands and feet with a brow, lip and chin wax

Package includes:

Full day use of facilities | Choice between either an afternoon tea or light lunch | Robes and slippers | Use of our relaxation lounge - complimentary bespoke biscuits, herbal teas, tea/coffee and super smoothies

THE QUAY RETREAT PACKAGE

(60-minute Treatment) **£115pp**

- ESPA Treat - Includes back exfoliation, back, neck and shoulder hot stones massage with an inner beauty facial.
- Inner Calm Full Body Massage (This can be bespoke to pre-natal massage.)
- Inner Beauty Facial - Includes Skin Analysis with our skin vision lamp, triple cleanse, exfoliation, steam and extraction (if required) facial massage, personalised face mask with a scalp or hand and arm massage.
- The Quay Detox Wrap - Includes Skin brush, back exfoliation with mud wrap and scalp massage.

Package includes:

4.5hrs use of facilities | Robes and slippers | Use of our relaxation lounge - complimentary bespoke biscuits, herbal teas, tea/coffee and super smoothies | Afternoon Lunch



THE QUAY RELAX AND UWIND PACKAGE (Two 30-minute Treatment) £92pp

Choose from the following:

- Back, neck and shoulder massage with a ESPA express facial
- Hopi ear candle with the relaxing ESPA express facial (includes neck and shoulder massage) Perfect for sinus relief, stress, anxiety, headaches and migraines.
- ESPA full body polish scrub with the back, neck and shoulder massage (applying to the full body using our exfoliating scrub and smoothing body butter, followed by our relaxing back massage.)
- Invigorating foot scrub with the scalp and face massage - Applying our salt and oil scrub to the feet, followed by hot mitts, with a relaxing foot, scalp and face massage including heated booties.

Package includes:

3.5hrs use of facilities | Robes and slippers | Use of our relaxation lounge - complimentary bespoke biscuits, herbal teas, tea/coffee and super smoothies | Afternoon tea

SINGLE TREATMENTS

ESPA full body relaxing massage	£60	Mii Gel polish hands and feet	£50
ESPA deep tissue massage	£65	Brow wax	£10
Pre-natal relax and restore massage	£65	Brow wax and tint <i>(24hr patch test prior to treatment)</i>	£20
ESPA 1 hour facial with eye lifting treatment	£70	Lip wax	£8
ESPA full body Salt and Oil scrub	£50	Lip and chin wax	£12
45 minute hot stone massage <i>(Includes Back, neck and shoulders with backs of legs)</i>	£50	Full leg wax	£27
30 minute express facial	£45	Half leg wax	£17
30 minute Back, neck and shoulder massage	£45	Underarm wax	£15
Mii Gel polish hands	£25		
Mii Gel polish Feet	£25		