

COVE BAR & TERRACE MENU

STARTERS & LITE BITES Mon - Fri 12 - 3pm / 6 - 8pm Sat - Sun 12.30 - 3pm / 6 - 8pm

The Quay Rosemary and Sea Salt Focaccia with Balsamic Dipping Oil, for two (VG) £6.75	Olives and Pickles with Dipping Oil & Bread (VG) £7.95	Marinated Chicken Wings in a Sweet and Smoky BBQ Sauce £8.00	Homemade Soup of the Day with Accompaniments (V) £7.50	Mini Thai Seafood Fritters with a Roast Garlic and Lime Aioli £9.50	Crispy Belly Pork Bites with Chilli, Spring Onion & Hoi Sin Sauce £7.50	Homemade Chicken Liver & Orange Pate with Spiced Apple Chutney & Tan Lan Bread £9.95	Chilli, Garlic and Ginger King Prawns with Dipping Bread £12.00
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MAIN MEALS

Crispy Battered Cod, Hand Cut Chips, Salt and Vinegar Mushy Peas and Homemade Tartare Sauce £17.95	Vegetarian Risotto of the day with Focaccia Can be adapted to Vegan (may contain nuts) (V/VG) £15.50	Oven Baked Haddock topped with Spinach and Welsh Rarebit with Crushed New Potatoes, seasonal Greens and White Wine Sauce £18.95
Ham, Chorizo and Roast Broccoli Linguine with a Basil and Parmesan Dressing and Focaccia £17.95	Pan Roast Pork Chop, Chimichurri Dressing, Wilted Greens and Mashed Potato £18.95	Chicken Katsu Sando with Kew Pie, Cabbage, Salt and Pepper Chips and Bull Dog Dressing £18.95
Poached salmon teriyaki, with Asian salad, soy rice, sesame, ginger and soy dressing £19.95	Dolmeiner farm (Anglesey) burgers with bacon, lettuce, tomato, onion and Gruyere cheese melt served in a Tan Lan sourdough bap, served with Fries £17.95	Vegan Burger; Iceberg Lettuce, Tomato, Onion topped with Vegan Cheese, served in a Tan Lan Sourdough Bap, served with Fries £17.95
Spicy Fish Tacos, Avocado Guacamole, Coleslaw and Summer Salad £17.50		Trio of small plates of the day (please see your server) (P.O.A.)

SIDES

Hand Cut Chips £4.95	French Fries £4.95	Cheesy Garlic Bread £4.95
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SANDWICHES Mon - Fri 12 - 3pm Sat - Sun 12.30 - 3pm

Poached Salmon, Lemon & Dill Mayo & Cucumber on Tan Lan Bread £11.95	Smoked Bacon, Gem Lettuce and Plum Tomato (BLT) Sandwich with Baconaise Dressing £12.95	Avocado, Chilli & Lime Guacamole, Halloumi Fries on a Sourdough with a Poached Hen's Egg & Beetroot Glaze £11.25
Pastrami, Pickle and Emmenthal on local Sour Dough with a Harissa Mayo £12.50	Classic Fish Finger Sandwich on buttered Ciabatta with a small side of Salt & Vinegar Mushy Peas & Tartare Sauce £13.95	The Quay.F.C. Barbecue Chicken Wrap; Crisp Chicken Fillet, Baby Gem, Plum Tomato with an Espresso BBQ Sauce served in a Tortilla Wrap £10.95

DESSERTS

Classic Sticky Toffee Pudding with Honeycomb and Vanilla Ice Cream £9.50	A selection of Parasella's Local Ice Creams £10.50	Cheesecake of the Day with Accompaniments £9.50	Award Winning Welsh & Irish Cheese with Accompaniments £12.50
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Please advise us of any dietary requirements when making your order. Please let us know if you have any allergies, we do make every effort to ensure there is no cross contamination, however most of our food types are prepared on site, so we cannot fully guarantee it. If you require any allergen information, please ask a member of our team.

V - Vegetarian N - Contains Nuts VG - Vegan

May 2024