

THE EBB & FLOW RESTAURANT

The tides of history and legend have certainly washed over Conwy and its river. Local giant Ifan Goch used to bathe his feet in the waters and they also provided a home to a fearsome monster, the Afanc. Llewellyn The Great, King of Gwynedd, was buried in the abbey which was nearby and the renowned Welsh rebel, Owain Glyndwr, once captured the castle whose ruins are still to be seen. Now, in more peaceful times, the ebb and flow of the River Conwy nourishes its famous mussels and provides a spectacular backdrop to our hotel. Croeso.

EARLY BIRD MENU

Served between 5:30pm - 6:30pm

Sunday | Monday | Tuesday | Wednesday

TO BEGIN

Homemade Rosemary & Sea Salt Focaccia with Balsamic Dip

Soup of the Day with Accompaniments

Chicken Liver & Orange Pate with Tan Lan Bread & Spiced Apple Chutney

Roast Cauliflower Arancini with Almond Ajo Blanc & Virgin Olive Oil **(Nuts)(VG)**

Salt & Pepper Crispy Squid with a Roast Garlic & Lime Aioli

MAINS

Pan Roast Supreme of Chicken, Seasonal Greens, Creamy Herb Mashed Potato & a Champagne Cream Sauce

Courgette, Broccoli & Cavolo Nero Risotto with Parmesan Cheese, Basil Oil Dressing & Toasted Seeds **(can be adapted to vegan)**

Oven Baked Haddock Topped with Spinach, Welsh Rarebit & A White Wine Sauce

Bone in Roast Pork Chop, Caramelised Apple, Black Pudding & Brandy Cream Sauce

EXTRAS & SIDES £4.95

Hand Cut Chips • French Fries • Panache of Vegetables • Side Salad

DESSERTS

Banana Fritters, Toffee Sauce & Vanilla Ice Cream

Homemade Vanilla Cheesecake with Strawberry Sorbet

Classic Knickerbocker Glory

x2 Courses - £28 per person

x3 Courses - £34.50 per person

***Available for July 2024 only, some dates may vary. Reservations required.**

If a guest has a food allergy or intolerance, we request that they consult a member of staff before deciding what to eat and placing an order, on every occasion whilst in the hotel. Whilst we are committed to informing our guests accurately of any allergenic content in the dishes served here, and also to complying with specific dietary requests, there remains a risk, albeit small, that traces from other dishes may be present in food served here, or on surfaces.

V - Vegetarian VG - Vegan

July 2024